
























































**Pattern Name:** Breath Of Power  
**Designed By:** Michele Sayetta  
**Company:** Heaven And Earth Designs Inc.©  
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**Fabric:** Linen 25, White  
 450w X 605h Stitches  
**Size:** 25 Count, 18w X 24-1/8h in

### Floss Used for Full Stitches:

Symbol	Strands	Type	Number	Color
□ /	2	DMC	1	White
□ @	2	DMC	01	White Tin
□ 田	2	DMC	02	Tin
□ 回	2	DMC	03	Medium Tin
■ ▲	2	DMC	04	Dark Tin
□ ^	2	DMC	27	White Violet
■ ❁	2	DMC	32	Dark Blueberry
■ ⑥	2	DMC	156	Blue Violet-MD LT
■ \$	2	DMC	157	Cornflower Blue-VY LT
■ 5	2	DMC	158	Cornflower Blue-MD VY DK
■ ¢	2	DMC	159	Gray Blue-LT
■ †	2	DMC	160	Gray Blue-MD
■ ∞	2	DMC	161	Gray Blue
■ †	2	DMC	169	Pewter-LT
■ ■	2	DMC	310	Black
■ ◆	2	DMC	311	Navy Blue-MD
■ ↘	2	DMC	312	Baby Blue-VY DK
■ ▣	2	DMC	317	Pewter Gray
■ ⊕	2	DMC	318	Steel Gray-LT
■ =	2	DMC	322	Baby Blue-DK
■ ❁	2	DMC	334	Baby Blue-MD
■ ♥	2	DMC	336	Navy Blue
■ ⊕	2	DMC	341	Blue Violet-LT
■ ◐	2	DMC	413	Pewter Gray-DK
■ ◑	2	DMC	414	Steel Gray-DK
■ ≈	2	DMC	415	Pearl Gray
■ ∞	2	DMC	453	Shell Gray-LT
■ ⊕	2	DMC	517	Wedgewood-DK
■ ⊕	2	DMC	518	Wedgewood-LT
■ ≈	2	DMC	519	Sky Blue
■ ⊕	2	DMC	535	Ash Gray-VY LT
■ ↘	2	DMC	597	Turquoise

Symbol	Strands	Type	Number	Color
	2	DMC	598	Turquoise-LT
	2	DMC	640	Beige Gray-VY DK
	2	DMC	645	Beaver Gray-VY DK
	2	DMC	646	Beaver Gray-DK
	2	DMC	647	Beaver Gray-MD
	2	DMC	648	Beaver Gray-LT
	2	DMC	762	Pearl Gray-VY LT
	2	DMC	775	Baby Blue-VY LT
	2	DMC	791	Cornflower Blue-VY DK
	2	DMC	792	Cornflower Blue-DK
	2	DMC	793	Cornflower Blue-MD
	2	DMC	794	Cornflower Blue-LT
	2	DMC	797	Royal Blue
	2	DMC	799	Delft Blue-MD
	2	DMC	803	Baby Blue-UL VY DK
	2	DMC	806	Peacock Blue-DK
	2	DMC	813	Blue-LT
	2	DMC	820	Royal Blue-VY DK
	2	DMC	823	Navy Blue-DK
	2	DMC	824	Blue-VY DK
	2	DMC	825	Blue-DK
	2	DMC	826	Blue-MD
	2	DMC	844	Beaver Brown-UL DK
	2	DMC	924	Gray Green-VY DK
	2	DMC	926	Gray Green-MD
	2	DMC	927	Gray Green-LT
	2	DMC	930	Antique Blue-DK
	2	DMC	931	Antique Blue-MD
	2	DMC	932	Antique Blue-LT
	2	DMC	934	Black Avocado Green
	2	DMC	935	Avocado Green-DK
	2	DMC	939	Navy Blue-VY DK
	2	DMC	3021	Brown Gray-VY DK
	2	DMC	3022	Brown Gray-MD
	2	DMC	3031	Mocha Brown-VY DK
	2	DMC	3042	Antique Violet-LT
	2	DMC	3371	Black Brown
	2	DMC	3743	Antique Violet-VY LT
	2	DMC	3750	Antique Blue-VY DK
	2	DMC	3752	Antique Blue-VY LT
	2	DMC	3753	Antique Blue-UL VY LT
	2	DMC	3755	Baby Blue

Symbol	Strands	Type	Number	Color
	2	DMC	3756	Baby Blue-ULVYLT
	2	DMC	3760	Wedgewood-MD
	2	DMC	3765	Peacock Blue-VYDK
	2	DMC	3768	Gray Green-DK
	2	DMC	3787	Brown Gray-DK
	2	DMC	3790	Beige Gray-ULDK
	2	DMC	3799	Pewter Gray-VYDK
	2	DMC	3807	Cornflower Blue
	2	DMC	3811	Turquoise-VYLT
	2	DMC	3841	Baby Blue-Pale
	2	DMC	3842	Wedgewood-DK
	2	DMC	3848	Teal Green-MD
	2	DMC	3860	Cocoa

## Usage Summary

Strands Per Skein: 6

Skein Length: 313.0 in

Type	Number	Full	Half	Quarter	Petite	Back(in)	Str(in)	Spec(in)	French	Bead	Skein Est.
□ DMC	1	1931	0	0	0	0.0	0.0	0.0	0	0	1.000
□ DMC	01	1477	0	0	0	0.0	0.0	0.0	0	0	1.000
□ DMC	02	4116	0	0	0	0.0	0.0	0.0	0	0	2.000
□ DMC	03	266	0	0	0	0.0	0.0	0.0	0	0	1.000
□ DMC	04	378	0	0	0	0.0	0.0	0.0	0	0	1.000
□ DMC	27	3892	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	32	92	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	156	2425	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	157	2015	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	158	3782	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	159	12261	0	0	0	0.0	0.0	0.0	0	0	4.000
■ DMC	160	10712	0	0	0	0.0	0.0	0.0	0	0	3.000
■ DMC	161	9961	0	0	0	0.0	0.0	0.0	0	0	3.000
■ DMC	169	1686	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	310	9244	0	0	0	0.0	0.0	0.0	0	0	3.000
■ DMC	311	4397	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	312	5635	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	317	2626	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	318	2997	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	322	358	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	334	674	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	336	4611	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	341	2047	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	413	1915	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	414	3353	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	415	4161	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	453	12	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	517	1030	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	518	208	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	519	717	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	535	1022	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	597	1624	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	598	976	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	640	168	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	645	736	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	646	597	0	0	0	0.0	0.0	0.0	0	0	1.000

Type	Number	Full	Half	Quarter	Petite	Back(in)	Str(in)	Spec(in)	French	Bead	Skein Est.
■ DMC 647	108	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 648	111	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 762	2702	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 775	2053	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 791	1507	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 792	2421	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 793	3163	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 794	5376	0	0	0	0.0	0.0	0.0	0	0	2.000	
■ DMC 797	465	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 799	437	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 803	2706	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 806	1014	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 813	532	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 820	1714	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 823	13758	0	0	0	0.0	0.0	0.0	0	0	4.000	
■ DMC 824	1568	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 825	831	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 826	159	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 844	457	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 924	866	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 926	4110	0	0	0	0.0	0.0	0.0	0	0	2.000	
■ DMC 927	1784	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 930	6897	0	0	0	0.0	0.0	0.0	0	0	2.000	
■ DMC 931	14063	0	0	0	0.0	0.0	0.0	0	0	4.000	
■ DMC 932	13029	0	0	0	0.0	0.0	0.0	0	0	4.000	
■ DMC 934	966	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 935	98	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 939	30541	0	0	0	0.0	0.0	0.0	0	0	9.000	
■ DMC 3021	165	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 3022	247	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 3031	33	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 3042	71	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 3371	90	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 3743	266	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 3750	3461	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 3752	14250	0	0	0	0.0	0.0	0.0	0	0	4.000	
■ DMC 3753	8282	0	0	0	0.0	0.0	0.0	0	0	3.000	
■ DMC 3755	687	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 3756	5704	0	0	0	0.0	0.0	0.0	0	0	2.000	
■ DMC 3760	225	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 3765	98	0	0	0	0.0	0.0	0.0	0	0	1.000	
■ DMC 3768	9579	0	0	0	0.0	0.0	0.0	0	0	3.000	

Type	Number	Full	Half	Quarter	Petite	Back(in)	Str(in)	Spec(in)	French	Bead	Skein Est.
■ DMC	3787	174	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3790	12	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3799	4085	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	3807	1355	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3811	321	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3841	5183	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	3842	340	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3848	18	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3860	66	0	0	0	0.0	0.0	0.0	0	0	1.000