











































**Pattern Name:** Healers Touch-Sessler  
**Designed By:** Michele Sayetta  
**Company:** Heaven and Earth Designs LLC  
**Copyright:** 2009  
**Fabric:** Linen 25, White  
 450w X 578h Stitches  
**Size:** 25 Count, 18w X 23h in

### Floss Used for Full Stitches:

Symbol	Strands	Type	Number	Color
□	2	DMC	164	Forest Green-LT
⌘	2	DMC	165	Moss Green-VYLT
■	2	DMC	310	Black
▪	2	DMC	319	Pistachio Green-VYDK
↑	2	DMC	320	Pistachio Green-MD
♩	2	DMC	356	Terra Cotta-MD
♯	2	DMC	367	Pistachio Green-DK
«	2	DMC	369	Pistachio Green-VYLT
⊖	2	DMC	370	Mustard-MD
⊙	2	DMC	371	Mustard
⊕	2	DMC	372	Mustard-LT
▣	2	DMC	402	Mahogany-VYLT
♥	2	DMC	422	Hazelnut Brown-LT
m	2	DMC	436	Tan
←	2	DMC	445	Lemon-LT
↓	2	DMC	469	Avocado Green
⊗	2	DMC	470	Avocado Green-LT
⋈	2	DMC	471	Avocado Green-VYLT
>	2	DMC	472	Avocado Green-ULLT
H	2	DMC	520	Fern Green-DK
⊕	2	DMC	522	Fern Green
⊗	2	DMC	524	Fern Green-VYLT
⊖	2	DMC	564	Jade-VYLT
	2	DMC	581	Moss Green
≈	2	DMC	610	Drab Brown-DK
♣	2	DMC	632	Desert Sand-ULVYDK
‡	2	DMC	645	Beaver Gray-VYDK
X	2	DMC	647	Beaver Gray-MD
♡	2	DMC	648	Beaver Gray-LT
//	2	DMC	677	Old Gold-VYLT
⋈	2	DMC	700	Christmas Green-BRT
:	2	DMC	702	Kelly Green

Symbol	Strands	Type	Number	Color
	9	2	DMC 703	Chartreuse
	8	2	DMC 704	Chartreuse-BRT
	☆	2	DMC 726	Topaz-LT
	↑	2	DMC 729	Old Gold-MD
	?	2	DMC 733	Olive Green-MD
	↖	2	DMC 738	Tan-VYLT
	a	2	DMC 743	Yellow-MD
	#	2	DMC 747	Sky Blue-VYLT
	4	2	DMC 772	Yellow Green-VYLT
	T	2	DMC 832	Golden Olive
	■	2	DMC 833	Golden Olive-LT
	↙	2	DMC 839	Beige Brown-DK
	∨	2	DMC 869	Hazelnut Brown-VYDK
	/	2	DMC 890	Pistachio Green-ULDK
	7	2	DMC 895	Hunter Green-VYDK
	n	2	DMC 898	Coffee Brown-VYDK
	∞	2	DMC 902	Garnet-VYDK
	⚡	2	DMC 905	Parrot Green-DK
	<	2	DMC 906	Parrot Green-MD
	√	2	DMC 935	Avocado Green-DK
	◇	2	DMC 936	Avocado Green-VYDK
	c	2	DMC 945	Tawny
	*	2	DMC 954	Nile Green
	)	2	DMC 955	Nile Green-LT
	⚡	2	DMC 958	Sea Green-DK
	⚡	2	DMC 959	Sea Green-MD
	\$	2	DMC 964	Sea Green-LT
	□	2	DMC 977	Golden Brown-LT
	3	2	DMC 986	Forest Green-VYDK
	2	2	DMC 987	Forest Green-DK
	1	2	DMC 988	Forest Green-MD
	●	2	DMC 3012	Khaki Green-MD
	v	2	DMC 3023	Brown Gray-LT
	u	2	DMC 3024	Brown Gray-VYLT
	s	2	DMC 3031	Mocha Brown-VYDK
	≪	2	DMC 3051	Green Gray-DK
	▨	2	DMC 3052	Green Gray-MD
	^	2	DMC 3078	Golden Yellow-VYLT
	6	2	DMC 3346	Hunter Green
	5	2	DMC 3348	Yellow Green-LT
	@	2	DMC 3363	Pine Green-MD
	✂	2	DMC 3364	Pine Green

Symbol	Strands	Type	Number	Color
■	o	2	DMC 3371	Black Brown
■	o	2	DMC 3772	Desert Sand-VYDK
■	ι	2	DMC 3790	Beige Gray-ULDK
■	(	2	DMC 3817	Celadon Green-LT
■	L	2	DMC 3819	Moss Green-LT
■	↓	2	DMC 3820	Straw-DK
■	→	2	DMC 3822	Straw-LT
■	o	2	DMC 3823	Yellow-UL Pale
■	◆	2	DMC 3825	Pumpkin-Pale
■	▲	2	DMC 3827	Golden Brown-Pale
■	⊗	2	DMC 3828	Hazelnut Brown
■	⊗	2	DMC 3846	Bright Turquoise-LT
■	▼	2	DMC 3854	Autumn Gold-MD
■	e	2	DMC 3855	Autumn Gold-LT
■	▲	2	DMC 3862	Mocha Beige-DK
□	△	2	DMC 3865	Winter White

## Usage Summary

Strands Per Skein: 6

Skein Length: 313.0 in

Type	Number	Full	Half	Quarter	Petite	Back(in)	Str(in)	Spec(in)	French	Bead	Skein Est.
■ DMC 164	164	211	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 165	165	1370	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 310	310	127704	0	0	0	0.0	0.0	0.0	0	0	35.000
■ DMC 319	319	361	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 320	320	842	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 356	356	126	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 367	367	729	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 369	369	175	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 370	370	981	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 371	371	1752	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 372	372	2195	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 402	402	349	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 422	422	1861	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 436	436	825	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 445	445	2623	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 469	469	1743	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 470	470	969	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 471	471	1567	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 472	472	1804	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 520	520	3071	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 522	522	1106	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 524	524	604	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 564	564	56	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 581	581	384	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 610	610	3811	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC 632	632	94	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 645	645	1055	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 647	647	928	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 648	648	418	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 677	677	505	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 700	700	363	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 702	702	153	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 703	703	274	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 704	704	1160	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 726	726	1355	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC 729	729	412	0	0	0	0.0	0.0	0.0	0	0	1.000

Type	Number	Full	Half	Quarter	Petite	Back(in)	Str(in)	Spec(in)	French	Bead	Skein Est.
DMC	733	280	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	738	1309	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	743	266	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	747	25	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	772	276	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	832	134	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	833	452	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	839	887	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	869	1076	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	890	13936	0	0	0	0.0	0.0	0.0	0	0	4.000
DMC	895	2562	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	898	3342	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	902	5	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	905	1065	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	906	44	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	935	4416	0	0	0	0.0	0.0	0.0	0	0	2.000
DMC	936	4963	0	0	0	0.0	0.0	0.0	0	0	2.000
DMC	945	61	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	954	22	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	955	16	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	958	1	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	959	15	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	964	37	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	977	41	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	986	2106	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	987	820	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	988	603	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3012	3208	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3023	274	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3024	204	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3031	10253	0	0	0	0.0	0.0	0.0	0	0	3.000
DMC	3051	3739	0	0	0	0.0	0.0	0.0	0	0	2.000
DMC	3052	1266	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3078	2792	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3346	2101	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3348	1445	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3363	2078	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3364	1365	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3371	17947	0	0	0	0.0	0.0	0.0	0	0	5.000
DMC	3772	452	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3790	1887	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3817	155	0	0	0	0.0	0.0	0.0	0	0	1.000

Type	Number	Full	Half	Quarter	Petite	Back(in)	Str(in)	Spec(in)	French	Bead	Skein Est.
■ DMC	3819	1438	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3820	68	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3822	315	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3823	956	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3825	554	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3827	347	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3828	1155	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3846	5	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3854	129	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3855	813	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3862	2390	0	0	0	0.0	0.0	0.0	0	0	1.000
□ DMC	3865	68	0	0	0	0.0	0.0	0.0	0	0	1.000